Privacy and Cookie Policy

How we use cookies

A cookie is a small file which asks permission to be placed on your computer's hard drive. Once you agree, the file is added and the cookie helps analyse web traffic or lets you know when you visit a particular site. Cookies allow web applications to respond to you as an individual. The web application can tailor its operations to your needs, likes and dislikes by gathering and remembering information about your preferences.

We use traffic log cookies to identify which pages are being used. This helps us analyse data about web page traffic and improve our website in order to tailor it to customer needs. We only use this information for statistical analysis purposes and then the data is removed from the system.

Overall, cookies help us provide you with a better website, by enabling us to monitor which pages you find useful and which you do not. A cookie in no way gives us access to your computer or any information about you, other than the data you choose to share with us.

You can choose to accept or decline cookies. Most web browsers automatically accept cookies, but you can usually modify your browser setting to decline cookies if you prefer. This may prevent you from taking full advantage of the website.

Removing and Disabling Cookies

If you do not wish to accept cookies on to your machine you can disable them by adjusting the settings on your browser. However, this will affect the functionality of the websites you visit.

Cookie Name	Purpose	Expiration	Provider
_ga	Google Analytics cookie	2 years	Google
_gat	Google Analytics cookie	Session	Google
_gid	Google Analytics cookie	1 day	Google
_gac_UA-[Property ID]	Google Analytics cookie	90 days	Google
_fbp	Marketing/Tracking	90 days	Facebook
dmSessionID	Marketing/Tracking	1 hour	DotMailer
recordID	Marketing/Tracking	1 year	DotMailer
userID	To track logged-in users of the site	1 day	NSP
bearer	User specific secure token for authentication with NSP systems	1 day	NSP